

Common symptoms of TB DISEASE



A bad cough that lasts 3 weeks or longer



Fever



Sweating at night



Poor appetite and weight loss

What is the treatment for TB DISEASE?



- **TB Disease can be treated with medicine.** Without it, you can become very sick.
- Treatment is **mandatory**. Your healthcare team will follow and support you throughout the treatment.
- Treatment includes 4 or more pills for 6 to 9 months.
- People on treatment stop being contagious quickly.
- You need to finish the full treatment to be cured.

LEARN MORE

Are you diagnosed with Latent TB Infection or TB Disease?

You are not alone.

Your healthcare provider will help determine the best care and support for your needs.



creehealth.org/tb

Regional Public Health

Cree Board of Health and Social Services of James Bay



TUBERCULOSIS

TB LATENT INFECTION & DISEASE



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CONSEIL CRI DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA BAIE JAMES
CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY

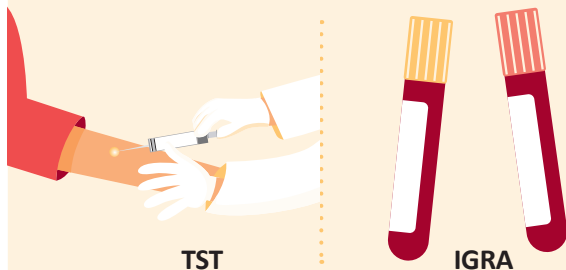
What is LATENT TB INFECTION?

- Also called **TB Infection** or “**Sleeping TB**”—it’s different from “**TB Disease**”.
- This happens when the TB germs stay inactive in your lungs.
- You don’t feel sick, have no symptoms, and are not contagious.

However: Germs can wake up at any time and become **TB Disease**.

What are the tests?

- Tests can involve a small needle on the skin (TST) and/or a blood test (IGRA).



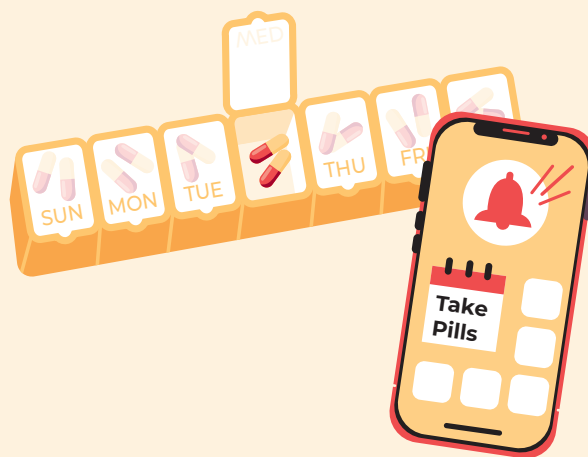
If tests confirm LATENT TB INFECTION...

- The most common treatment is **one medicine** (2 pills, taken every day for **4 months**).
- **Take all your medicine** until the end of your treatment so that it works.
- It’s important to treat **Latent TB infection** to prevent it from becoming **TB Disease**.



Tips to take medication wisely

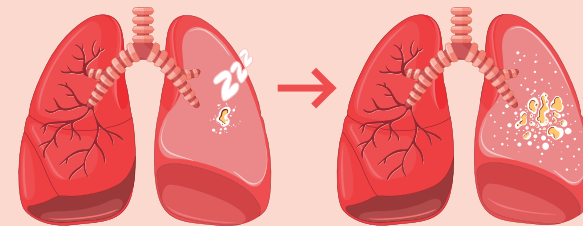
- Use a weekly pill box.
- Set a daily alarm or calendar reminder on your phone.
- Time it with a **regular daily activity** in your life.
- Medication is **best taken on an empty stomach**. If it causes stomach upset, a light snack (crackers, yogurt, or glass of milk) can help.



Possible treatment side effects

- Your **urine may turn orange**. This is a normal side effect. It does not mean something is wrong.
- **In rare situations**, a person could experience liver complications.
- Most people have few to no other symptoms during treatment.

What is TB DISEASE?



Latent TB

TB disease

- Also called “**Active TB**”.
- Happens when TB germs make you sick and contagious.
- It usually attacks the lungs, but it can also harm other parts of the body.
- **Can be deadly** if it’s not treated.

TB DISEASE can spread...

- When TB Disease is in the **lungs or throat**.
- **Through the air** when a person with TB Disease coughs or spends regular time with others in closed spaces.

