

Do you know
an elder or
vulnerable
adult who
needs help?

**wîchihîwâwin
tâhkâpîhchenikan achihtâsun
1-833-632-4357
(24/7 helpline)**

CreeHealth.org/Emergency

1-866-923-2624 or
R18.Complaints@ssss.gouv.qc.ca

nanâkataweyimâtâwenich
chichisheinîminûch

PROTECT OUR ELDERS



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An elder or vulnerable adult is being mistreated if a person they trust...

- ▶ Causes them emotional, mental or physical harm
- ▶ Damages their house
- ▶ Puts all the financial burden on the elder
- ▶ Takes money or valuable things without asking
- ▶ Makes important decisions without first checking
- ▶ Neglects them instead of helping

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PROTECT OUR ELDERS

If someone you care about
is being mistreated...

"Something is not right."

- ▶ Learn to recognize signs of abuse
- ▶ Trust your instincts

"I'm worried about you."

- ▶ Reach out when it's safe
- ▶ Avoid finger-pointing or blame

"What can I do to help?"

- ▶ Make sure they are safe
- ▶ Be a good listener
- ▶ Connect them to services, like the Wîchihîwaauiwin Helpline

See it.

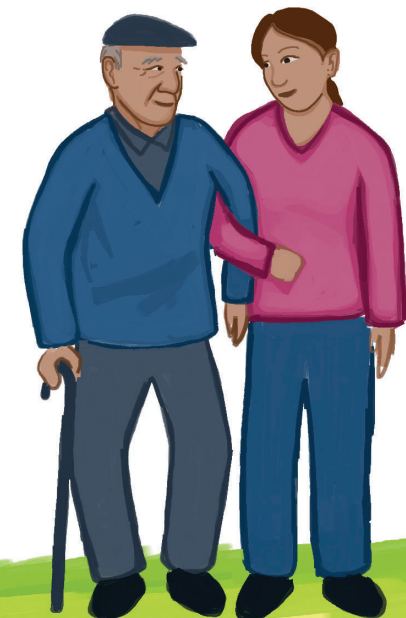
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Name it.

$$\cdot\dot{\Delta}''C'' \quad \triangle^{\circ}_x$$

Check it.

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