ᐁᐅᑯ ᐆ ᒧᐢ ᓂᐧᐃ ᐃᐦᑎᔨᓐ *Make it a habit*

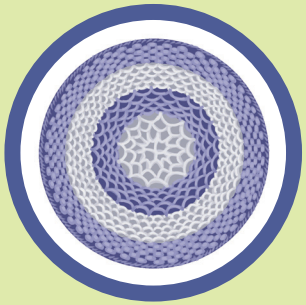
KEEP FOLLOWING
COVID-19 PRECAUTIONS

GET TESTED
if you travel, gather, have symptoms, or before medical appointments

STAY HOME
if you're sick or test positive, and follow isolation recommendations

WEAR A MASK
when recommended, especially around people with vulnerable health

Keep your
VACCINATION UP TO DATE



Keep the
CIRCLE OF PROTECTION STRONG

Darwin Sam 2021

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ᒧᐢ ᔮᐧᑳᐤ ᐃᐦᑎᐦ ᐁᐧᐃ ᓇᓈᑲᑕᐧᐁᔨᒥᐧᑖᐤ ᑯᑕᑲᒡ ᐊᐧᐁᓂᒌ Keep the circle of protection strong

ᒥᔪᐱᒪᑎᓯᐅᓐ ᐊᓈᓈᑭᒋᐦᑖᑭᓄᒡ
CONSEIL CRI DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA BAIE JAMES
CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY

For more information:
CREEHEALTH.ORG/health-tips/when-do-i-need-covid-19-test