



Isolation Scenarios for MSIL (Effective October 8, 2021)

These examples are scenarios to illustrate how the updated Mandatory Self-Isolation Laws (MSIL) should be applied in different circumstances.

Scenario 1: Mark is a post-secondary student currently living in Gatineau with his family. He is fully vaccinated. His three children (under the age of 12) are not vaccinated. They are all travelling to Eeyou Istchee during a school break.

What to do: Parent does not have to isolate, but children, youth and other family members who are not fully vaccinated will need to self-isolate for 10 days. The parents can resume their normal activities, including going back to work (if possible), going to the grocery store, etc. However, the children can only resume their normal activities (school, playing with friends) after the isolation period is completed.

Scenario 2: Marlene is a post-secondary student currently living in Ottawa with her family. She is fully vaccinated (2 doses) Her teenaged daughters are both fully vaccinated (2 doses). They are travelling to Eeyou Istchee to visit family.

What to do: Neither Marlene nor her daughters are required to isolate if they travel to Eeyou Istchee, even though they are travelling from an area of risk. They are required to wear a mask for 7 days (indoors and outdoors), limit social contacts, and get a screening test on Day 5.

Scenario 3: George and his wife Valerie travel to Montreal by car for medical appointments. Their children stayed at home in Eeyou Istchee with their auntie. George and Valerie are fully vaccinated (2 doses).

What to do: George and Valerie don't need to isolate when they return home. They need to wear a mask indoors and outdoors for 7 days, limit social contacts, and get a test on Day 5. Their children can continue to attend school or daycare even after their parents get home.





Scenario 4: Nigel travels to Montreal by car for medical appointments. He is partially vaccinated (1 dose). Everyone in his household is fully vaccinated (4 other adults).

What to do: Nigel will need to isolate for 10 days when he returns to Eeyou Istchee from his medical appointments. He can isolate in his household by following required precautionary measures.

Scenario 5: Mary is a mother of two (2) who recently went to Montreal and is now back in Eeyou Istchee. She drove back. She's already received her two (2) doses of the Covid-19 vaccine. Her children stayed at home in Eeyou Istchee while she was away.

What to do: Since she was in a region considered an area of risk, drove back, and is fully vaccinated, Mary does not need to isolate upon her return.

It is recommended that Mary ask for a voluntary screening test 5 days after getting home. Since her children were not with her when she went to Montreal (they stayed in Eeyou Istchee), they do not have to isolate either.

Scenario 6: Thomas, Christina and their four (4) children return to Eeyou Istchee by car after going to Lac St-Jean for a long weekend. Lac St-Jean is not currently considered an area of risk. Both parents are partially vaccinated (1 dose), but their children are all under 12, and were not eligible to be vaccinated.

What to do: Thomas and Christina do not have to isolate due to their vaccination status, because they are travelling from a region not considered an area of risk. It is recommended that they all get voluntary screening tests 5 days after their return home.

Scenario 7: John lives with his sister Daisy. John received his two doses of the vaccine, but Daisy only received her first dose. John has some medical treatment appointments in Montreal, and then comes back by charter plane to Eeyou Istchee.

What to do: When he comes home, John does not have to isolate since he has two (2) doses of the vaccine. It is recommended that he seek out a voluntary screening test 5 days after returning home. Since Daisy stayed on the territory, even though she is not fully vaccinated, she does not have to isolate either.





Scenario 8: Owen and Amy are a couple who live together, and have no children. Owen received his two (2) doses of the vaccine, but Amy only received her first dose. Amy had some shopping to do (in an area of risk), and then returned to her community by car.

What to do: Since Amy is not fully vaccinated, she has to isolate upon her return. It is recommended that she seek out a voluntary screening test 5 days after getting home. Ideally, she will isolate separately from Owen (either in another house, or isolated in another area of their shared house).

If she cannot isolate in either of those ways described above, and stays at home with Owen, they are in a bubble together. In this case, Owen would then have to either isolate with Amy, or to avoid isolation, he could provide his proof of vaccination to the local PSO.