

10 warning signs of Alzheimer's

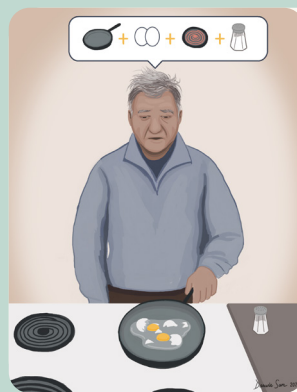
Memory loss affecting day-to-day abilities



1

Forgetting things often or struggling to retain new information.

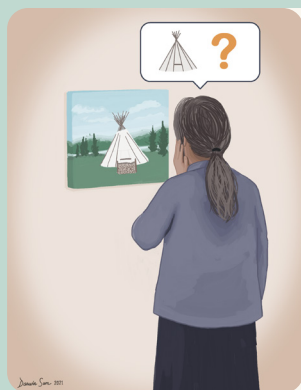
Difficulty performing familiar tasks



2

Forgetting how to do something—like preparing a meal or getting dressed.

Problems with language



3

Forgetting words or using them in the wrong context or situation.

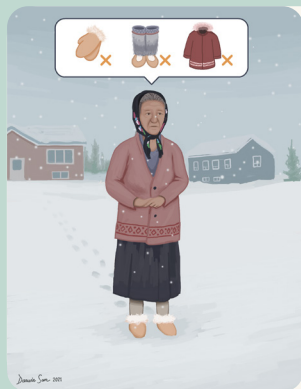
Disorientation in time and space



4

Not knowing the time of day or getting lost in a familiar place.

Impaired judgement



5

Unaware of a safety hazard or wearing light clothing on a cold day.

Problems with abstract thinking (reasoning)



6

Difficulty with numbers and how to use them.

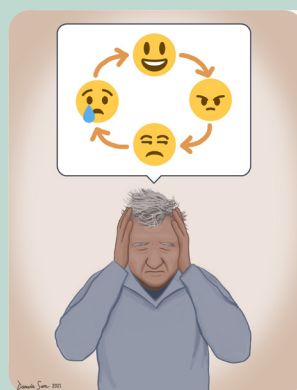
Misplacing things



7

Putting things in strange places—clothes in the kitchen cabinet or a pen in the sugar bowl.

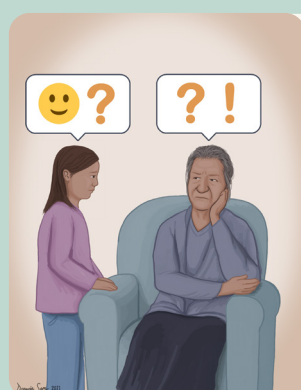
Changes in mood and behaviour



8

Severe mood swings—from easy-going to quick-tempered.

Changes in personality



9

Acting out of character—becoming confused, suspicious or fearful.

Loss of initiative



10

Losing interest in friends, family and favourite activities.