10 warning signs of Alzheimer's

ᐋᓱᑊ ᒋᓱᒃᐤ ᐋ ᐃᓂᒋᔅᒋᑦ
âshikum chishikâu â winichischit

1

ᐋᔨᒥᐃᑰᑦ ᒐᑲᔨᐤ ᒐᒋᒋᔅᒋᑦ ᐋᒋᔅᑎᒫᐃᓂᔨᒃ ᒐᑲᔨᐤ ᐋᐃᑎᒧᐋᑭᓄᑦᐧ

âyimihîkût châkwâyiu châchichischit âchistimâwiniyich châkwâyiu âwitimûwâkinut.

ᐋᐦᐋᑲ ᒋ ᐧᐋ ᐃᐦᑎᒃ ᒐᑲᔨᐤ ᐋ ᐃᔅᐱᔨᒃ
âhâka Chî wâ wîhtik châkwâyiu â îspiyich

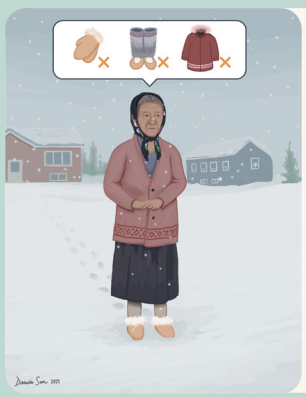
3

ᐋ ᐃᓂᒋᔅᒋᑦ ᑕᓐ ᒐᔨᑦ ᒋᐧᐣ ᒫᐦᒃ ᐋᐦᐋᑲ ᓂᔅᑐᑕᑯᓯᑦ ᐋᐧᐃᔨᐦᑦ ᒐᑲᔨᐤᐧ

â winichischit tân châyit kîyâh mâhk âhâkâ nistutâkûsit âwîyîht châkwâyiu.

ᓂᑑᐦᐧᐃ ᐋ ᐃᑖᔨᑎᐦᒃ
nitûhwî â îtâyitihk

5



ᒐ ᑯᐧᑲᔅᐱᓈᐧᐋᑎᓯᑦ ᒐ ᒋ ᐆᓱᑯᐦᐃᓱᑦ ᒐ ᒋᓱᑭᒋᑦᐧ

Châ kûkwâspinâwâtisit Châ chi ûshikûhîsût châ chishîkichît.

ᐋ ᐃᓂᒋᔅᒋᑦ ᑕᓂᑖᐦ ᑲᐱᑎᒋᔅᑎᓃᒃ ᒐᑲᔨᐤ
â winichischit tânitâh kâpitichistinîk châwkâyiu

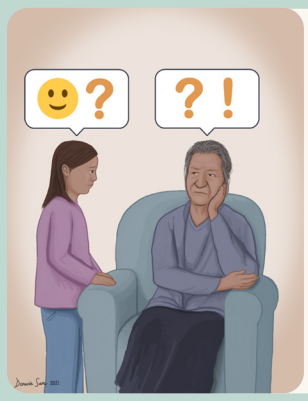
7

ᓂᑐᐧᐃᐦ ᐊᐦᐊᑖᒃ ᒐᑲᔨᐤ ᐋᓂᑖᐦ ᐃᒋᐧᐋᒃᐧ

nituwîh ahpîtâk châkwâyiu ânitâh wichîwâch.

ᓈᔅᒐ ᐃᔨᐦᒐ ᐋᔨᑖᐃᑖᑯᓯᑦ ᐋᓂᔭᐦ ᑲ ᒋ ᐃᑖᔨᑖᑯᓯᑦ
nâsch îyihch âyitâitâkusit âniyâh kâ chi îtâyitâkusît

9

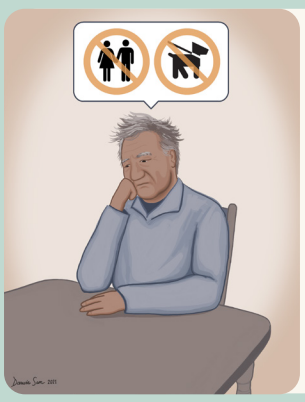


ᐋᐦᐋᑲ ᒋᑎᓈᑕᐦᔨᑕᑯᓯᑦ ᒋᐧᐣ ᒫᓱᐋᑕᒋᐧᐋᔨᑎᐦᒃ ᐊ ᒋᓴᑲᔭᔨᐦᑎᒃ, ᐆᔨᐦᑎᐧᐋᔨᐦᑎᒃ, ᒋᐧᐣ ᒪᒃ ᐋᑯᐧᑕᒋᐧᐋᔨᑎᐦᒃᐧ

Âhâkâ chistinâtahyitakûsit kîyâh mûsh âkustâchiwâyitihk a chîshkwâyâyihtik, pîyihtiwâyihtik, kiyâh mak âkustâchiwâyitihk.

ᐋᐦᐋᑲ ᓈᔅᑏᓴ ᐧᐃᑐᐦᑎᐦᒃ ᒐᑲᔨᐤ
âhâkâ nâstîsh wîtuhtihk châkwâyiu

10

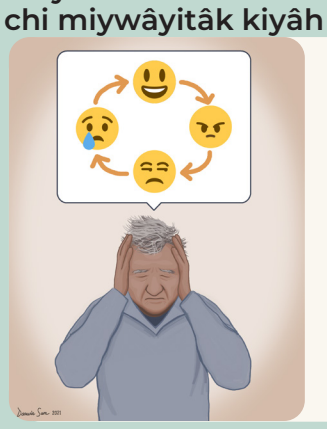


ᐋᐦᐋᑲ ᐱᐦᑲᑕᔨᒪᑦ ᐆᐦᑐᑕᒪ ᑭᒋᐧᐣ ᒐ ᒋ ᐧᐋ ᐧᐃᒋᐧᐃᐧᐋᑦ ᐋ ᐃᐦᑎᓈᓐᐃᔨᒃ ᐋ ᒥᒐᑎᓈᓐᐃᔨᒃᐧ

âhâkâ pihskâtâyimât ûhtûtam kiyâh châ chi wâ wîchîhîwât â îhtinânûwiyich â michâtinânuwiyich.

ᐋᐦᐋᑲ ᒋᑎᓈᒥᐦᔨᑕᑯᓯᑦ ᑭᒋᐧᐣ ᒫᓴ ᐋᒥᒐᔨᑎᐦᒃ
Mûyâm âwâshich âhtihk âhâkâ ninihâyitâk châ chi miywâyitâk kiyâh mûsh âmichâyitihk

8



ᐋᐦᐋᑲ ᒋ ᒥᐧᑭᔨᑎᐦᒃ ᒋᔅᑎᐸ ᐋ ᒥᒐᔨᑎᐦᒃᐧ

âhâkâ chi miywâyitihk chistip â michâyitihk.

Alzheimer Society of Canada, 2015
www.alzheimerquebec.ca

ᒥᔅᐱᒫᑎᓯᐅᓐ ᐊᓈᓈᑭᒋᐦᑖᑭᓄᒃ
CONSEIL CRI DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA BAIE JAMES
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