

TRUTH

- Believing in your life
- Bible teachings
- Traditional knowledge
- Praying
- Being true to others and to yourself
“It does not take many words, to tell the truth”-chief Sitting Bull
- The truth is like the sun, it will always come out
- The truth will set you free
- Telling your truth is healing
- If you tell the truth, you don't have to remember anything
- No lies



