



## Don't have a valid Health Insurance Card? Please get one. It's important.

## Not having a valid Quebec Health Card (RAMQ) is serious business.

**Emergency Surgery?** If you don't have a card or have an expired card, you will have to **pay for the surgery yourself.** You will be reimbursed by the RAMQ but only if you get a card within one year.

Non-Emergency surgery? If you don't have a card or have an exipred card, the surgery will be cancelled until you get a card.

Please make sure you and all your dependents (children and elders) **get a card before the next medical appointment down south.** Always carry your card with you when you travel down south.

To find out how to get or renew a Health Insurance Card, call the Services Québec office in Chisasibi:

1-800-567-4385, x0

They speak Cree, English and French.

To add your photo to your health card, take your renewal form to Services Québec: 15 Maamuu Road, Chisasibi, QC J0M 1E0

For more information: <a href="www.ramq.gouv.qc.ca/en/citizens/health-insurance">www.ramq.gouv.qc.ca/en/citizens/health-insurance</a>



