

wîchihîwâwin tâhkâpihchenikan achihtâsun 1-833-632-4357 (24/7 helpline)

Cree speakers and elders are available upon request.

CreeHealth.org/Emergency

To report the mistreatment of an elder or vulnerable adult who receives services from the CBHSSJB, in its facilities or through in-home care, contact the Commissioner of Complaints:

Do you know

an elder or

vulnerable

adult who

needs help?

1-866-923-2624 or R18.Complaints@ssss.gouv.qc.ca

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nanâkataweyimâtâwenich chichisheinîminûch

PROTECTION OUR ELDERS





Darwin Sam 2021

An elder or vulnerable adult is being mistreated if a person they trust...

- Causes them emotional, mental or physical harm
- Damages their house
- ▶ Puts all the financial burden on the elder
- ▶ Takes money or valuable things without asking
- Makes important decisions without first checking
- Neglects them instead of helping

odbcvalcod PROTECT OUR ELDERS If someone you care about is being mistreated...

"Something is not right."

- ▶ Learn to recognize signs of abuse
- ▶ Trust your instincts

"I'm worried about you."

- ▶ Reach out when it's safe
- Avoid finger-pointing or blame

"What can I do to help?"

- ▶ Make sure they are safe
- ▶ Be a good listener
- Connect them to services, like the Wîchihîwâuwin Helpline



