



IS THE WATER CLEAN IN MY HUNTING CAMP?

Good clean water is **hard to find** these days. Traditionally, we gathered our water from springs and streams. We have used some springs possibly for thousands of years. But, today, we **store our water in containers**.

ARE YOUR CONTAINERS CLEAN?

In the summers of 2005 and 2007, the public health department of the CBHSSJB in collaboration with the all Eeyou/Eenou communities conducted a short study on alternative sources of drinking water. We found that some drinking water from springs and streams and used in camps, **contained germs at levels that could make people sick**.

THEREFORE, WE RECOMMEND THAT YOU:

- **Boil your water** for a minute before drinking it.
- **Regularly wash** using soap and warm water, and disinfect the container and lids used for scooping and storing water.

TIPS ON HOW TO SAFELY HANDLE WATER:

DRINKING WATER

- Use a **clean cloth to filter** your drinking water.

ALWAYS BOIL YOUR WATER

- **Clean containers** and lids.
- **Disinfecting pails**, jugs, containers and scoops.
- Wash using **soap and warm water**.

DISINFECT

- Mix 1 tablespoon of **bleach** in 1 liter of water.
- **Soak for 10** minutes, then rinse.
- **Air dry**.

WASHING HANDS

- Make a **habit of washing your hands** well and often.
- Change the water **after each person** uses it.

SLOP PAIL

- Have **one place** where you throw away all waste water.
- Always use the **same location**.

PLASTIC BAGS DESIGNED FOR GARBAGE

- These bags are designed for garbage use only, and contain chemicals that may harm you, **don't use them for drinking water storage**.

CAUTION

- Handle boiling water with **care**.
- **Protect** your family from burns.
- **Let the water cool** before filling plastic containers.

