

WATER SOURCES AND STORAGE OF DRINKING WATER IN EEYOU/EENOU ISTCHEE HUNTING CAMPS:



WHO'S MONITORING THE SAFETY OF TAP WATER IN OUR COMMUNITY?

All Eeyou/Eenou communities are **monitoring the quality of tap water** and the CBHSSJB is always informed of abnormal results.

The drinking water sources (from springs or streams) **outside of the boundaries of the Cree communities** within Eeyou/Eenou Ischee are not monitored.

CEEPIT

່ງ՝ິດເບັອງ **אມູ່ອີດເບເນີນ** Spring Water

ἀὸ>Δ κῦnậpui Snow Water

۲ اُمنَّک CHIMÛNÂPÛ Rain Water

ἀ Ϸ"C"ἀ<، ^ש Â UHTAHÎPÂNÛHCH A place to get water from

STAY HEALTHY

BY FOLLOWING THESE TIPS ON HOW TO SAFELY HANDLE DRINKING WATER IN YOUR CAMP.

For more information on tap water advisories, contact your local public health Officer, water operator or environment administrator.











IS THE WATER CLEAN IN MY HUNTING CAMP?

Good clean water is **hard to find** these days. Traditionally, we gathered our water from springs and streams. We have used some springs possibly for thousands of years. But, today, we **store our water in containers**.

ARE YOUR CONTAINERS CLEAN?

In the summers of 2005 and 2007, the public health department of the CBHSSJB in collaboration with the all Eeyou/Eenou communities conducted a short study on alternative sources of drinking water. We found that some drinking water from springs and streams and used in camps, **contained germs at levels that could make people sick**.

THEREFORE, WE RECOMMEND THAT YOU:

- > Boil your water for a minute before drinking it.
- Regularly wash using soap and warm water, and disinfect the container and lids used for scooping and storing water.

TIPS ON HOW TO SAFELY HANDLE WATER:

DRINKING WATER

→ Use a **clean cloth to filter** your drinking water.

ALWAYS BOIL YOUR WATER

- → Clean containers and lids.
- → **Disinfecting pails**, jugs, containers and scoops.
- > Wash using **soap and warm water**.

DISINFECT

- → Mix 1 tablespoon of **bleach** in 1 liter of water.
- > Soak for 10 minutes, then rinse.
- \rightarrow Air dry.

WASHING HANDS

- → Make a **habit of washing your hands** well and often.
- → Change the water **after each person** uses it.

SLOP PAIL

- \rightarrow Have **one place** where you throw away all waste water.
- \rightarrow Always use the same location.

PLASTIC BAGS DESIGNED FOR GARBAGE

These bags are designed for garbage use only, and contain chemicals that may harm you, don't use them for drinking water storage.

CAUTION

- → Handle boiling water with **care**.
- → **Protect** your family from burns.
- Let the water cool before filling plastic containers.



