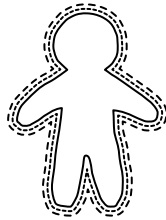


What is an overdose?



An overdose means a person has **too much** of a substance in their body. When **alcohol, cannabis, street drugs or prescription medicine** are taken in toxic amounts, **the body becomes overwhelmed**. An overdose can seriously harm someone, and **can be deadly** if they don't get **medical help right away**.

How can an overdose happen?



If your tolerance is lower.

Maybe you're using a **new drug**, or you **took a break from using** for a while.



If you're having health issues.

If you're **tired, run down, dehydrated** or have other health complications, like a **long-term or chronic illness**, you're at a higher risk to overdose.



If you mix drugs.

Even if it's prescription medicine, you risk an overdose if you combine **different drugs, or mix drugs and alcohol**.



If the drugs are different or unknown.

Maybe you **changed dealers or towns**. What you're taking could be **stronger than usual, or tainted**.



By accident.

An adult or child might **accidentally** take a drug.

If you or someone nearby might be overdosing, act fast! **Get emergency medical help right away.**

If you're calling emergency services for someone nearby, **stay with them until help arrives.**

FOR MORE INFORMATION:
creehealth.org/OD



PUBLIC HEALTH DEPARTMENT
**OVERDOSE AWARENESS AND
HARM REDUCTION CAMPAIGN 2019**

Everyone can learn and help keep everyone safe.